HONEST LITTLE APPS

A PAPER COMPANION FOR TWO PEOPLE

Reflect. Check. Ask.

Listen for what was said before offering a solution.

Use fictional cards, not a personal problem.

Choose one card on page 2. One person reads it; the other listens.
The listener reflects both stated parts, then asks whether they understood.
The speaker corrects or confirms the reflection. Swap roles for another card.
There is no score. A possible sentence is a starting point, not the only answer.

1 Notice the two facts

Write only what the speaker explicitly said.

2 Set one assumption aside

What motive or story were you about to add?

3 Reflect, then check

What I heard was... Have I understood?

4 Make room for the correction

What did the speaker clarify? Ask: ideas, or listening?



Optional daily practice: Lampstep for iPhone and iPad

Today's Fork is free. Plus is optional; check Apple's current offer.

Honest Little Apps publishes Lampstep and this separate worksheet.

FOUR ORIGINAL FICTIONAL SPEAKER CARDS

Try a different first response.

Read the speaker line first. Cover the possible reflection until after your attempt.

THE PRESENTATION

I finished the slides, but I am worried the numbers are still from last month.

ONE POSSIBLE REFLECTION

The slides are ready, and you want to check whether the numbers are current. Have I understood?

THE GROUP WALK

I want to join the walk, but I can only manage the short route today.

ONE POSSIBLE REFLECTION

You want to come along, and today the short route is the one that works for you. Is that right?

THE SHARED MEAL

I am happy to cook, but I need someone else to handle the shopping this week.

ONE POSSIBLE REFLECTION

You can do the cooking, and you need someone else to do this week's shopping. Have I got that?

THE STUDY GROUP

I want to come to the study group, but I need the passage before we meet.

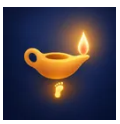
ONE POSSIBLE REFLECTION

You want to join the group, and having the passage ahead of time would help. Have I understood?

Optional faith connection

Read James 1:19 in its surrounding passage using your own Bible.

Discuss hearing before speaking. These cards are not Scripture quotations.



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Print for personal or group practice. No account or app is required.