One change, if you want it

During a holiday visit, ask the person who lives here to choose the topic.
Write their words together, or just visit and leave the sheet blank.

---

1. What already works for you here?

A routine, object or arrangement you want left alone.

2. What would you like to change, if anything?

Use the resident's own words. “Leave it as it is” is a complete answer.

3. What small next step feels right?

Checking an option counts. Agree before moving, photographing or buying anything.

4. Who, if anyone, has your invitation to help?

Name the person and the specific job they agreed to do.

5. Would you like a follow-up?

Write a day and a way to check back, or “no follow-up.”

A worked example

“Keep the bench where it is. I want to try a bowl for my gloves on the shelf.”
“Jo will bring the spare bowl on Sunday. Ask me next Friday if I want to keep it.”

Write on paper or type in a PDF reader. Ask before passing the card to anyone else.

For room notes and rechecks on iPhone or iPad, see RoomMend on the App Store.